



2019 After school Meal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chicken Patty Whole Grain Roll Vegie – ½ cup; Fruit – ½ cup Milk	2 Refried Beans Tortilla chips Vegie – ½ cup; Fruit – ½ cup Milk	3 Corndogs Vegie – ½ cup; Fruit – ½ cup Milk	4 Yogurt; String Cheese Bear Grahams Vegie – ½ cup; Fruit – ½ cup Milk
7 Chili Beans Whole Grain Roll Vegie – ½ cup; Fruit – ½ cup Milk	8 Chicken Drumstick Whole Grain Roll Vegie – ½ cup; Fruit – ½ cup Milk	9 Pizza Vegie – ½ cup; Fruit – ½ cup Milk	10 Whole Grain Muffin Yogurt; String Cheese Vegie – ½ cup; Fruit – ½ cup Milk	11 Yogurt; String Cheese Bear Grahams Vegie – ½ cup; Fruit – ½ cup Milk
14 Uncrustable, Peanut/Jelly String Cheese Vegie – ½ cup Fruit – ½ cup Milk	15 Ravioli Whole Grain Roll Vegie – ½ cup Fruit – ½ cup Milk	16 Pancake Sausage Stick Vegie – ½ cup; Fruit – ½ cup Milk	17 Burrito Vegie – ½ cup; Fruit – ½ cup Milk	18 Yogurt; String Cheese Bear Grahams Vegie – ½ cup; Fruit – ½ cup Milk
21 Corndogs Vegie – ½ cup; Fruit – ½ cup Milk	22 Chicken Patty Whole Grain Bun Vegie – ½ cup; Fruit – ½ cup Milk	23 Pizza Vegie – ½ cup; Fruit – ½ cup Milk	24 Chili Beans Whole Grain Roll Vegie – ½ cup; Fruit – ½ cup Milk	25 Yogurt; String Cheese Bear Grahams Vegie – ½ cup; Fruit – ½ cup Milk
28 Refried Beans Tortilla chips Vegie – ½ cup; Fruit – ½ cup Milk	29 Chicken Drumstick Whole Grain Roll Vegie – ½ cup; Fruit – ½ cup Milk	30 Ravioli Whole Grain Roll Vegie – ½ cup; Fruit – ½ cup Milk	31 Uncrustable, Peanut/Jelly String Cheese Vegie – ½ cup Fruit – ½ cup Milk	1 NO SCHOOL