



Fort Jones Elementary **BASS** Program

April 2019 - 5 pm Snack Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 String Cheese 1 oz. Whole Grain Cookie 1 oz. ea.	2 Juice, ¾ C Whole Grain Pretzel 1 oz. eq.	3 Yogurt 4 oz. Graham Bears 1 oz. eq.	4 Vegetables ¾ cup Goldfish 1 oz. eq.	5 Fruit ¾ cup Chex Mix 1 oz. eq.
8 String Cheese 1 oz. Whole Grain Cookie 1 oz. ea.	9 Juice, ¾ C Whole Grain Pretzel 1 oz. eq.	10 Yogurt 4 oz. Graham Bears 1 oz. eq.	11 Vegetables ¾ cup Goldfish 1 oz. eq.	12 Fruit ¾ cup Chex Mix 1 oz. eq.
15	16 NO	17 SCHOOL	18	19
22 NO SCHOOL	23 Juice, ¾ C Whole Grain Pretzel 1 oz. eq.	24 Yogurt 4 oz. Graham Bears 1 oz. eq.	25 Vegetables ¾ cup Goldfish 1 oz. eq.	26 Fruit ¾ cup Chex Mix 1 oz. eq.
29 String Cheese 1 oz. Whole Grain Cookie 1 oz. ea.	30 Juice, ¾ C Whole Grain Pretzel 1 oz. eq.			

Subject to Availability